

MINNESOTA HEAD & NECK PAIN CLINIC

The Minnesota Head & Neck Pain Clinic, founded in 1985, offers a distinctly different philosophy of care. This clinic is one of the first to offer a multispecialty and interdisciplinary approach to the diagnosis and management of TMJ disorders, orofacial pain, neck pain and the persistent, excruciating pain associated with headaches. We also treat obstructive sleep apnea and snoring with the use of oral appliances.

A dedicated team of health care professionals from the fields of medicine, dentistry, psychology, and physical therapy develop individualized treatment programs for every patient.

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Providing Relief & Recovery
Through An
Interdisciplinary Approach



MINNESOTA HEAD & NECK PAIN CLINIC

The Minnesota Head & Neck Pain Clinic offers consultation, diagnosis and treatment in a caring and safe environment.

BACKGROUND

With the goal of relief and management of painful disorders of the jaw, head, and neck, we provide education, rehabilitation, and a comprehensive approach to improving long-term patient success and a return to function.

The providers at the Minnesota Head & Neck Pain Clinic devote professional time outside the practice to write, teach and study this area of medicine in order to provide the highest level of care.

Patients will receive a complete and comprehensive approach to their problem. Our team of providers including physician specialists of neurology, dentists, psychologists and physical therapists will work together to tailor treatment recommendations to the specific needs of our patients.

WE OFFER CONSULTATION FOR...

Problems associated with the Jaw, oral and facial structures including:

- Orofacial Pain
- TMJ Disorders including joint and muscle disorders
- Jaw and facial pain
- Jaw joint noises and jaw locking
- Atypical tooth pain
- Nerve pain (Trigeminal neuralgia)
- Oral mucosal conditions including sores/lesions, dry mouth and burning mouth

Problems associated with headaches and neck pain including:

- Chronic Daily headaches
- Episodic and chronic migraines
- Episodic and chronic tension headaches
- Autonomic Cephalgias
- Chronic neck pain

Other Problems associated with the head, neck including:

- Oral appliances for sleep apnea
- Treatment of oral parafunctional behaviors including teeth clenching and sleep grinding
- Chronic Pain Syndrome

TREATMENTS WE PROVIDE INCLUDE...

For the most effective treatment, you need a specialist who understands the complexities of treating chronic pain syndromes. We use the latest in evidence based clinical and therapeutic advances. Our treatment programs integrate the most successful, research-tested combination of interventions including **medications, mouth guards (splints), physical therapy, behavioral medicine, and rehabilitation**. We also provide complementary and alternative medicine options including **acupuncture**, while addressing the mind-body connection using **counseling, biofeedback, relaxation**

For further information on the services or programs we offer, please contact us at:

Burnsville: (952) 892-6222

St. Paul: (651) 332-7474

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St. Cloud outreach (763) 577-2484